

**NOW OPEN  
MEDICAL CENTRES**

WOOLLAHRA  
CREMORNE  
NARRABEEN

**KEEN TO FIND OUT MORE?**

We look forward to hearing from you.

**ONLINE** Register on our website: [www.osana.care](http://www.osana.care)

**PHONE** Call 13 9355 for a chat or appointment

**EMAIL** Send us an email [info@osana.care](mailto:info@osana.care)

**VISIT** Visit our clinics to find out about our services

Open: 8am – 6pm Monday – Friday

Osana Cremorne  
320 Military Road, Cremorne, 2090

Osana Woollahra  
124 Queen St, Woollahra, 2025

Osana Narrabeen  
1416 Pittwater Rd, Narrabeen, 2101



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**O S A N A**

HEALTHCARE RE-IMAGINED



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WE INVITE YOU  
TO EXPERIENCE  
A NEW KIND OF  
HEALTHCARE

# EXPERIENCE A NEW APPROACH TO YOUR HEALTHCARE

**OSANA is a new  
healthcare service  
designed by Australian  
GPs to deliver better  
outcomes for you and  
your family**

—  
*“Osana is a new approach in healthcare that treats you like our own family member. We have designed our model to put your well-being and health needs first. Everyone receives the attention of a dedicated team that has the primary aim to keep you healthy and happy.”*

**DR KEVIN CHENG** *Founder*

## INTRODUCING A DIFFERENT PHILOSOPHY



### OUR MISSION

We think it's time to put patients first. Our mission is to keep you happy, healthy and where possible, out of hospital. We will do what other parts of the health system may not do - take responsibility for your health outcome.



### A FOCUS ON PREVENTION

We focus on preventing illnesses and issues before they arise by formulating a health plan that identifies gaps in your healthcare. We monitor all aspects of your health proactively to get the best outcome.



### EMPOWERING YOUR WELLBEING

Osana clinics are designed by GPs to provide you a completely different experience that activates and empowers you in your own health and wellbeing. We do this through education, coaching and group activities at our clinics.

## OUR RE-IMAGINED HEALTHCARE MODEL



### COMPASSION

- You can see your GP more often and for as long as you need.
- We will listen to all of your concerns and do our best to support you towards better health.



### COLLABORATION

- You will be looked after by a dedicated team who will keep you well.
- We share in the responsibility of your health outcome through regular support and coordination from your own health assistant and care manager.
- A team of dietitians, physiotherapists, exercise physiologists, occupational therapist and psychologists also support you on your health journey.



### CONVENIENCE

- We tailor the delivery of your healthcare specifically for you.
- We offer home visits or video consultations over the phone if you cannot make it into the clinic. We offer transport to make it easier to get to appointments if you need help.
- You can contact your team via phone, email or text.



## JOIN OUR COMMUNITY NOW – BECOME AN OSANA MEMBER

- Access to GPs, dietitians, exercise physiologist, psychologist, occupational therapist, physiotherapist and health assistants
- Access to in-clinic health and fitness classes and events
- All inclusive for an annual fee of \$150. Concessions apply
- Memberships to each clinic are limited so contact our team today to register.
- We look forward to welcoming you to our brand new clinics in Woollahra, Cremorne and Narrabeen.